



### TABELLA 3

#### REQUISITI DI ACCESSO ALLE FASCE DI MERITO DELLE CATEGORIE FEDERALI

##### STAGIONE 2021-2022

(stessi punteggi/elementi della stagione precedente)

| <i>DA</i>                  | <i>A</i> |                          | <i>MIN-TES</i> | <i>MIN-TSS</i> | <i>ELEMENTI</i>                   |
|----------------------------|----------|--------------------------|----------------|----------------|-----------------------------------|
| PRE NOVICE SILVER          | F-M      | Pre Novice GOLD          | 9              | =====          | =====                             |
|                            | F-M      | Basic Novice GOLD        | 12             | =====          | =====                             |
|                            | F-M      | Intermediate Novice GOLD | 13             | =====          | =====                             |
|                            | F-M      | Advanced Novice GOLD     | 14             | =====          | 2F o 2Lz                          |
|                            | F-M      | Advanced Novice ELITE    | 17             | =====          | 2A + 2F o 2Lz                     |
| PRE NOVICE GOLD            | F-M      | Basic Novice GOLD        | 12             | =====          | =====                             |
|                            | F-M      | Intermediate Novice GOLD | 13             | =====          | =====                             |
|                            | F-M      | Advanced Novice GOLD     | 14             | =====          | 2F o 2Lz                          |
|                            | F-M      | Advanced Novice ELITE    | 17             | =====          | 2A + 2F o 2Lz                     |
|                            |          |                          |                |                |                                   |
| BASIC NOVICE SILVER        | F-M      | Basic Novice GOLD        | 12             | =====          | =====                             |
|                            | F-M      | Intermediate Novice GOLD | 13             | =====          | =====                             |
|                            | F-M      | Advanced Novice GOLD     | 15             | =====          | 2F o 2Lz                          |
|                            | F-M      | Advanced Novice ELITE    | 17             | =====          | 2A + 2F o 2Lz                     |
|                            | F-M      | Junior GOLD              | 17             | =====          | 2F + 2Lz +<br>combo 2 salti doppi |
| BASIC NOVICE GOLD          | F-M      | Intermediate Novice GOLD | 13             | =====          | =====                             |
|                            | F-M      | Advanced Novice GOLD     | 15             | =====          | 2F o 2Lz                          |
|                            | F-M      | Advanced Novice ELITE    | 17             | =====          | 2A + 2F o 2Lz                     |
|                            | F-M      | Junior GOLD              | 17             | =====          | 2F + 2Lz +<br>combo 2 salti doppi |
|                            |          |                          |                |                |                                   |
| INTERMEDIATE NOVICE SILVER | F-M      | Intermediate Novice GOLD | 14             | =====          | =====                             |
|                            | F-M      | Advanced Novice GOLD     | 16             | =====          | 2F o 2Lz                          |
|                            | F-M      | Advanced Novice ELITE    | 18             | =====          | 2A + 2F o 2Lz                     |
|                            | F-M      | Junior GOLD              | 18             | =====          | 2F + 2Lz +<br>combo 2 salti doppi |
| INTERMEDIATE NOVICE GOLD   | F-M      | Advanced Novice GOLD     | 16             | =====          | 2F o 2Lz                          |
|                            | F-M      | Advanced Novice ELITE    | 18             | =====          | 2A + 2F o 2Lz                     |
|                            | F-M      | Junior GOLD              | 18             | =====          | 2F + 2Lz +<br>combo 2 salti doppi |



| DA                    | A          |   | MIN-TES   | MIN-TSS      | ELEMENTI             |
|-----------------------|------------|---|-----------|--------------|----------------------|
| ADVANCED NOVICE GOLD  | F-M        | Advanced Novice ELITE                         | 22        | =====        | 2A + 2F o 2Lz        |
|                       | F-M        | Junior GOLD                                   | 20        | 45           | =====                |
|                       | F-M        | Junior ELITE                                  | 23        | 48           | 2A + 1 triplo        |
|                       |            |   | 25        | 48           | 2A o 1 triplo        |
|                       | F-M        | Senior GOLD                                   | 24        | 52           | =====                |
|                       | F          | Senior Ladies ELITE                           | 31        | 60           | 2A + 2 tripli        |
|                       | M          | Senior Men ELITE                              | 34        | 68           | 2A + 3 tripli        |
| ADVANCED NOVICE ELITE | <b>F-M</b> | <b>Per conferma<br/>Advanced Novice ELITE</b> | <b>22</b> | <b>=====</b> | <b>2A + 2F o 2Lz</b> |
|                       | F-M        | Junior GOLD                                   | 20        | 45           | =====                |
|                       | F-M        | Junior ELITE                                  | 23        | 48           | 2A + 1 triplo        |
|                       |            |   | 25        | 48           | 2A o 1 triplo        |
|                       | F-M        | Senior GOLD                                   | 24        | 52           | =====                |
|                       | F          | Senior Ladies ELITE                           | 31        | 60           | 2A + 2 tripli        |
|                       | M          | Senior Men ELITE                              | 34        | 68           | 2A + 3 tripli        |
| JUNIOR SILVER         | F          | Junior Ladies GOLD                            | 22        | 48           | =====                |
|                       | M          | Junior Men GOLD                               | 24        | 50           | =====                |
|                       | F          | Junior Ladies ELITE                           | 26        | 53           | 2A + 1 triplo        |
|                       | M          | Junior Men ELITE                              | 32        | 68           | 2A + 2 tripli        |
|                       | F          | Senior Ladies GOLD                            | 32        | 65           | =====                |
|                       | M          | Senior Men GOLD                               | 36        | 78           | =====                |
|                       | F          | Senior Ladies ELITE                           | 35        | 75           | 2A + 2 tripli        |
|                       | M          | Senior Men ELITE                              | 39        | 80           | 3 tripli             |
| JUNIOR GOLD           | F          | Junior Ladies ELITE                           | 26        | 53           | 2A + 1 triplo        |
|                       | M          | Junior Men ELITE                              | 32        | 68           | 2A + 2 tripli        |
|                       | F          | Senior Ladies GOLD                            | 32        | 65           | =====                |
|                       | M          | Senior Men GOLD                               | 36        | 78           | =====                |
|                       | F          | Senior Ladies ELITE                           | 35        | 75           | 2A + 2 tripli        |
|                       | M          | Senior Men ELITE                              | 39        | 80           | 3 tripli             |
| JUNIOR ELITE          | F          | <b>Per conferma<br/>Junior Ladies ELITE</b>   | <b>26</b> | <b>53</b>    | <b>2A + 1 triplo</b> |
|                       | M          | <b>Per conferma<br/>Junior Men ELITE</b>      | <b>32</b> | <b>68</b>    | <b>2A + 2 tripli</b> |
|                       | F          | Senior Ladies GOLD                            | 32        | 65           | =====                |
|                       | M          | Senior Men GOLD                               | 36        | 78           | =====                |
|                       | F          | Senior Ladies ELITE                           | 35        | 75           | 2A + 2 tripli        |
|                       | M          | Senior Men ELITE                              | 39        | 80           | 3 tripli             |



| <i>DA</i>     | <i>A</i> |   | <i>MIN-TES</i> | <i>MIN-TSS</i> | <i>ELEMENTI</i>      |
|---------------|----------|---|----------------|----------------|----------------------|
| SENIOR SILVER | F        | Senior Ladies GOLD                          | 33             | 70             | =====                |
|               | M        | Senior Men GOLD                             | 40             | 80             | =====                |
|               | F        | Senior Ladies ELITE                         | 38             | 78             | 2A + 2 tripli        |
|               | M        | Senior Men ELITE                            | 45             | 100            | 4 tripli             |
| SENIOR GOLD   | F        | Senior Ladies ELITE                         | 38             | 78             | 2A + 2 tripli        |
|               | M        | Senior Men ELITE                            | 45             | 100            | 4 tripli             |
| SENIOR ELITE  | F        | <b>Per conferma<br/>Senior Ladies ELITE</b> | <b>38</b>      | <b>78</b>      | <b>2A + 2 tripli</b> |
|               | M        | <b>Per conferma<br/>Senior Men ELITE</b>    | <b>45</b>      | <b>100</b>     | <b>4 tripli</b>      |